

## HOLY EUCHARIST, RITE II

*The service begins on page 355 in the Book of Common Prayer*

**Prelude:** I am a poor wayfaring stranger                      Anna Laura Page

**Processional Hymn:** #    636    How firm a foundation

### The Great Litany

*A portion of the Litany will be said each Sunday in Lent*

O God the Father, Creator of heaven and earth,    *Have mercy upon us.*

O God the Son, Redeemer of the world,                      *Have mercy upon us.*

O God the Holy Ghost, Sanctifier of the faithful,    *Have mercy upon us.*

O holy, blessed, and glorious Trinity, one God,    *Have mercy upon us.*

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,                      *Good Lord, deliver us.*

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,  
*Good Lord, deliver us.*

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,  
*Good Lord, deliver us.*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,                      *We beseech thee to hear us, good Lord.*

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Lord; and that both by their preaching and living, they may set it forth, and show it accordingly,                      *We beseech thee to hear us, good Lord.*

Lord, have mercy upon us.....*Christ, have mercy upon us*.....Lord, have mercy upon us.  
Bless the Lord who forgives our sins...*His mercy endures forever.*

### The Collect of the Day

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

### The Lessons

#### Introduction

During Lent we journey with all those around the world who will be baptized at the Easter Vigil. In today's gospel Jesus tells Nicodemus that he must be born of water and Spirit. At the font we are given a new birth as children of God. As God made a covenant with Abraham, in baptism God promises to raise us up with Christ to new life. From worship we are sent forth to proclaim God's love for all the world.

**First Reading: Genesis 12:1-4a**

Introduction: God’s call of Abram and Sarai has a clear purpose—that through them all the families of the earth would gain a blessing. As they set out on their journey, they are accompanied by promises of land, nation, and a great reputation.

<sup>1</sup>The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. <sup>2</sup>I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. <sup>3</sup>I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

<sup>4</sup>So Abram went, as the LORD had told him; and Lot went with him.

The Word of the Lord...*thanks be to God.*

Psalm 121 Levavi oculos

1 I lift up my eyes to the hills; \* from where is my help to come?  
2 My help comes from the LORD, \* the maker of heaven and earth.  
3 He will not let your foot be moved \* and he who watches over you will not fall asleep.  
4 Behold, he who keeps watch over Israel \* shall neither slumber nor sleep;  
5 The LORD himself watches over you; \* the LORD is your shade at your right hand,  
6 So that the sun shall not strike you by day, \* nor the moon by night.  
7 The LORD shall preserve you from all evil; \* it is he who shall keep you safe.  
8 The LORD shall watch over your going out and your coming in, \*  
from this time forth for evermore.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

### **Second Reading: Romans 4:1-5, 13-17**

Introduction: In the person and example of Abraham we discover that a right relationship with God does not involve earning a reward from God but entails trusting God’s promises. Abraham is the forebear and model for both Jews and Gentiles, because we too trust that ours is a God who gives life to the dead.

<sup>1</sup>What then are we to say was gained by Abraham, our ancestor according to the flesh? <sup>2</sup>For if Abraham was justified by works, he has something to boast about, but not before God. <sup>3</sup>For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” <sup>4</sup>Now to one who works, wages are not reckoned as a gift but as something due. <sup>5</sup>But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

<sup>13</sup>For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. <sup>14</sup>If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. <sup>15</sup>For the law brings wrath; but where there is no law, neither is there violation.

<sup>16</sup>For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, <sup>17</sup>as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord...*thanks be to God*

### **Gospel: John 3:1-17**

Introduction: A curious Pharisee visits Jesus by night to learn from the teacher his friends reject. Jesus speaks to him about life in the Spirit and the kingdom of God.

<sup>1</sup>Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup>He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” <sup>3</sup>Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” <sup>4</sup>Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” <sup>5</sup>Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup>What is born of the flesh is flesh, and what is born of the Spirit is spirit. <sup>7</sup>Do not be astonished that I said to you, ‘You must be born from above.’ <sup>8</sup>The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” <sup>9</sup>Nicodemus said to him, “How can these things be?” <sup>10</sup>Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

<sup>11</sup>“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. <sup>12</sup>If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? <sup>13</sup>No one has ascended into heaven except the one who descended from heaven, the Son of Man. <sup>14</sup>And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup>that whoever believes in him may have eternal life.

<sup>16</sup>“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup>“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord...*praise to you, Lord Christ*

## **The Sermon**

### **The Nicene Creed**

*in unison*

We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

## **Prayers of the people Form III**

The Leader and People pray responsively:

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*

Give to the departed eternal rest.  
*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

*Silence*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

### ***The Confession***

Let us confession our sins against God and our neighbor/

Silence is kept

*Minister and People*

*Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done, and by what we have left undone.*

*We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.*

*We are truly sorry and we humbly repent.*

*For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.*

The Bishop, when present, or the Priest, stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

**The Peace & Announcements** Please stand as the bread and wine are brought forth, and again as the offering is brought forward. It is a sign of the gifts coming from the people.

### **The Doxology**

*Praise God from whom all blessings flow; praise Him all creatures here below; praise Him above the heavenly host; praise Father, Son and Holy Ghost. Amen*

### **Rite I, Eucharistic Prayer II**

*The people remain standing. The Celebrant faces them and sings or says*

The Lord be with you.

People *And with thy spirit.*

Celebrant Lift up your hearts.

People *We lift them up unto the Lord.*

Celebrant Let us give thanks unto our Lord God.

People *It is meet and right so to do.*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*S- 114 see insert Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.*

*The people kneel, sit or stand.*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance

his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

As now as our Savior has taught us, we now pray:

*Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

**The Fraction** As the bread is broken, we sing

S-164 see insert *Jesus, Lamb of God*

**The invitation to communion:** The gifts of God for the people of God:

After communion:

**A prayer with those worshipping online:** In union, O Lord, with your faithful people at every altar in your church where Holy Eucharist is being celebrated, I offer you praise and thanksgiving. Since I cannot receive you today in the sacrament of your body and blood, I ask you to come spiritually into my heart. Cleanse and strengthen me with your grace. May I live in you and you in me. Amen.

**The post communion prayer of the gathered:** (unison)

*Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.*

**The Final Blessing**

**Recessional Hymn:** # 691 My faith looks up to Thee