

October Notes to note:

We have a **new Bishop elect**: Matthew Cowden was elected on the third ballot to become our new Bishop. He will move to the Diocese in March, be ordained and will serve with Bishop Klusmeyer until October. In October, Bp. Klusmeyer will retire and Bishop Cowden will be the 8th Bishop of West Virginia.

With great excitement, we welcome **Jack and Eli McClain** as our newest acolytes. Acolytes, along with readers, chalice bearers, musicians and choir are important worship leaders in our liturgy. Our liturgy needs all the 'players' to bring it to its fullest life.

St. Luke has two big events in October. They have a **rummage sale** on the 1st and 2nd at the church. On October 9th, they will be serving good German style food at Weathered Ground Brewery at their **Oktoberfest celebration**. Please support our brothers and sisters and enjoy a fun event. The brewery is at 2027 Flat Top Road, Ghent. The food service begins at noon and continues until the food has been sold out.

From Mother Susan: Be still and know that I am God.....

We are not very good at being still. In fact, sometimes we feel guilty when we just sit or take time to relax and do nothing on our to do list. This week, Parr and I went camping for three nights. Nothing elaborate, just a dash to Pipestem State Park to get away. There are many great hikes available in the park, and other fun activities: zip lining, horseback riding, golf.....

We did take a short hike to the observation tower which offered a breathtaking view. We drove up to the lodges to check them out. And then, we sat. And laid out in our chaise lounges. We watched the flames in our fire. We sat and watched a deer visiting just feet away. Sitting quietly with our coffee, we were able to watch a chipmunk scampering around for an hour. Taking time to be still and quiet, the woods came alive. At quick glance it was a stand of trees. At extended observation, it was a busy world, with many flying, hopping and creeping critters. There were the sounds generated by leaves and acorns, even an occasional branch, as they fell from the trees. The trees offered a symphony as the wind in the trees alternated between a gentle breeze and a rushing wind.

Be still and know I am God- the amazing created world comes alive when we take time to be present. And in those moments, the majesty of our God is breathtaking. The many shades of green in the trees, the beauty of the mushrooms in the woods, the unique movements of each animal- these elements show us the intricate design of a world we so often ignore or miss.

How much of God do we miss when we fail to be still with God? For God speaks clearly in creation, in other people and the mesmerizing flames of a fire. Be still and know I am God.